



Comfort Talk® Level 2 goes virtual:



Level 2

Live Training

With the continued need for social distancing we are moving our **Comfort Talk® Level 2 Live Training Course** to a virtual format using Zoom. The Comfort Talk® Level 2 webinar will focus on advanced stress management skills for live and online patient interactions, managing difficult and resistant cases, resilience, and overcoming obstacles to achieve better patient outcomes. [CLICK HERE](#) for the program.

The Level 2 Webinar will incorporate small group practice, live feedback, supervision, and the exercises our participants have come to love over the years. It is well suited for those who wish to build on their Comfort Talk® Level 1 skill set or desire a refresher within a small select group of individuals. We will limit participation to 8 persons at this inaugural event to assure individual attention to all participants.

The course is structured as four, two-hour sessions on Mondays and Wednesdays from 4:00 – 6:00 pm Eastern Daylight Time on:

October 19, 21, 26, 28, 2020

Successful completion of the interactive Comfort Talk® [Level 1 Online Training Course](#) is a prerequisite for participation in Comfort Talk® Level 2.

[CLICK HERE](#) to register for the combined Comfort Talk® Level 1 plus Level 2 for \$695

[CLICK HERE](#) to register for Comfort Talk® Level 2 only for \$345

For larger and institutional trainings, or considerations of other timings, please email us at: info@ComfortTalk.com

Dutch Reinforcements!

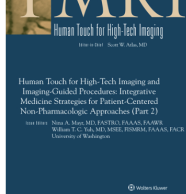
As internal trainers at the Dutch national breast cancer screening service at the Bevolkinsonderzoek Zuid-West, Simone Verheij, Miranda de Graaf, Marianne Wortman are now spreading Comfort Talk® throughout their institution. Thank you to these amazing women for joining our team and working towards better care for their patients!



Human Touch is Needed in Technology

Comfort Talk® and its importance for the patient/provider interaction has been featured extensively in several articles in a special edition of Topics of Magnetic Resonance Imaging emphasizing “Human Touch for High Tech Imaging,” including:

Ajam AA, Tahir S, Makary MS, Longworth S, Lang EV, Krishna NG, Mayr, NA, Nguyen XY. [Communication and team interactions to improve patient experiences, quality of care, and throughput in MRI.](#) Topics in Magn Res Imag 2020; 29:131-134



Nguyen XY, Tahir S, Bresnahan BW, Andre JB, Lang EV, Mossa-Basha M, Mayr NA, Bourekas EC. [Prevalence and financial impact of claustrophobia, anxiety, patient motion, and other patient events in magnetic resonance imaging.](#) Topics in Magn Res Imag 2020; 29:125-130

What Makes the Comfort Talk® App Work for Pain and Anxiety Management?

Dr. Lang considered it a great honor to be invited to this year’s Annual Meeting of the Society of Interventional Radiology, along with a small group of featured abstract presenters. Her talk emphasized the results of our Clinical Trial at the Tufts School of Dentistry Craniofacial Pain Center. She also shared what it takes to conduct a clinical trial with an appropriate placebo and identified the secret ingredient needed for reducing pain: targeted suggestions. Reducing anxiety alone does not suffice.

Comforting Language IR

- Reading self-hypnotic relaxation scripts by IR staff reduced:
 - Pain
 - Anxiety
 - Drug use
 - Procedure time
 - Complications

Lang et al, Lancet 2000; 355:1486;
Lang et al, Pain 2006;16:155;
Lang et al, JVIR 2008; 19:897

Canada at the Forefront

Prof. Dr. Judy Illes, the Chair Neuroethics Canada invited Dr. Lang for a talk and discussion on the ethical use of hypnosis, which you can now view on our website!

ETHICAL QUARANTINE TOOLS: SELF-HYPNOSIS FOR PAIN MANAGEMENT

4:00 PM PDT
Monday, July 6, 2020

Featured Speaker:
Elvira V. Lang, MD, FSIR, FSCEH
Comfort Talk® Founder
Former Associate Professor, Harvard Medical School

RSVP at www.cchp.eventbrite.ca

Who Uses Comfort Talk®?

Imaging Centers

Dental Practitioners

Surgical Centers

Health Care Professionals

Catherization Laboratories

Endoscopy Suites

Anesthesia Departments

Pediatric Care Providers



Comfort Talk® Online Training is a Level 1 program and is approved for continuing education credits. Psychologists, Nurses, and Social Workers may earn 12 hours of continuing education credits through Commonwealth Educational Seminars. Radiologic Technologists may earn 6A+ credits through ASRT. All credits require passing a post-test exam.
[Learn more about earning CE credits](#)