

We Have Been Busy!

Clinical Trial Results

Analyses of the clinical trials from our NIH-NCCIH funded Small Business Innovation in Research Grant are coming in. Dr. Alex Norbash, Radiology Chairman, University California San Diego, lead investigator while at Boston University Medical Center published in the Journal of MRI the "Effect of Team Training on Improving MRI Study Completion Rates and No-Show Rates" by Norbash A, Yucel K, Yuh W, Doros G, Ajam A, Lang E, Pauker S, Mayr N. ([CLICK HERE](#) for link). Based on >97,000 patient visits we can explicitly say that Comfort Talk® skills used in MRI departments reduce no-show rates and incompletions. The training amortized in <100 days.

Anesthesia Connection

We got more engaged in collaboration with anesthesiologists beyond our initial experience at MD Anderson Cancer Hospital in the US, expanding into Europe. On September 8, 2016, Drs. Van Geffen and Bruhn from Radboud University, The Netherlands, and Dr. Lang presented at 35th Annual Meeting of the European Society of Regional Anesthesia & Pain Therapy in Maastricht. We then performed Comfort Talk® training with a core group of anesthesiologists from the Anesthesia Department at their hospital in Nijmegen, The Netherlands. When knowledge of our presence spread, we were also asked to perform subsequent training with clinicians from adjacent hospitals.

100-Patients Milestone

Jacque Viegas, RN, who is the lead investigator in a Comfort Talk® trial at Toronto Hospital for Sick Kids just enrolled their 100th patient! This will be a pivotal study in assessing the effect on modulation of preoperative anxiety and pre-extubation suggestions on postoperative recovery. In furthering the international collaboration, she and our Dutch colleagues are co-authors on our most recent paper: Lang EV, Viegas J, Bleeker C, Bruhn J, vanGeffen GJ. Helping Children Cope with Medical Tests and Interventions. J Radiol Nurs 2017; 36:44-50 [CLICK HERE](#) for link

THURSDAY THOUGHTS BLOG

[CLICK HERE TO VIEW](#)

We started a new blog—**Thursday Thoughts**—to stay in contact and to show how Comfort Talk® can be utilized in our daily lives.

Comfort Talk® Trainings

After Comfort Talk® trainings at Mid Michigan MRI, Sparrow Hospital Lansing, Michigan, and 12 sites at Duke University and The Ohio State University, outcomes demonstrated again the incredible difference the techniques can make in the life of staff and their patients.

On December 5 and 6 we held our first official **TRAINER TRAINING COURSE** at the Harvard Club in Boston. We had an amazing international group with participants from the Netherlands, Belgium, Canada, and US. The intense and fun session was structured to foster and practice advanced adult learning techniques and demonstrate effectiveness in transmitting the Comfort Talk® principles.



Participants at the Trainer Training course last September at the Harvard Club.

"This training is invigorating and filled with enthusiasm and learning. It makes learning fun, and will ultimately benefit both staff and patients. I was actually sorry when the course was over!"

—Alex Chisholm

Upcoming Trainings

Our next **LEVEL 3 TRAINER TRAINING** will be on 11 and 12 September, 2017 at the Harvard Club, 1 Federal Street, in Boston. It is an intensive experience in leading to Comfort Talk® Level 3 Certification. It is geared to:



- provide a deeper level of Comfort Talk® foundational knowledge.
- define Comfort Talk® practice objectives that can translate to new learners.
- discover techniques to be effective in a fast-paced Comfort Talk® environment.
- devise delivery strategies for the Comfort Talk® teaching objectives.
- network with other co-trainers and learn their efficient reinforcement processes.

Our next **LEVEL 1 & 2 TRAINING** will be held again as a blended online/onsite session at the Harvard Club in Boston on Friday 19 May, 2017.

In The Press

Harvard Business School recognizes that Comfort Talk® is making a difference.

Interview "Beating Pain with Brain Power" February 2017

[CLICK HERE](#) for link

Elvira V. Lang's chapter "No pain no gain: A neuroethical place for hypnosis in invasive interventions" is now in press in the Oxford University Press book "Neuroethics: Anticipating the Future" edited by Judy Illes and Sharmin Hossain

Come See Us

March 4-9, 2017

Society of Interventional Radiology Annual Meeting at Washington, DC, at the Walter E. Washington Convention Center

[CLICK HERE](#) for more information

March 5, 2017 from 1:00 PM to 2:30 PM

Case-Based Workshops: Dr. Lang is participating faculty in the "Anesthesia/Sedation: Case-Based Approach to Pain Control"

Wednesday, March 8, 2017, from 5:00 PM to 6:00 PM

Meet the Expert Sessions: Dr. Lang is a faculty panelist in "How to Start Your Career"

March 10-11, 2017

Solving the Mysteries of MRI

[CLICK HERE](#) for more information

May 7-11, 2017

Annual Meeting of the University Radiologists in Hollywood, Florida

[CLICK HERE](#) for more information

May, 10, 2017

More data will come as we just completed a randomized 6-site trial. Preliminary results were accepted for presentation in 2 sessions lead by Dr. Ajam and Dr. Nguyen.

Who Uses Comfort Talk®?

Imaging Centers
Dental Practitioners
Surgical Centers
Health Care Professionals

Catherization Laboratories
Endoscopy Suites
Anesthesia Departments
Pediatric Care Providers



Comfort Talk® programs are approved for continuing education credits for Psychologists, Nurses, Radiology Technologists, Dentists, Dental Associates, and Social Workers. [Learn more about earning CE credits](#)