

Talk Of The Town

The **Comfort Talk**™ Newsletter

Fall 2010

Comforting Words from our President



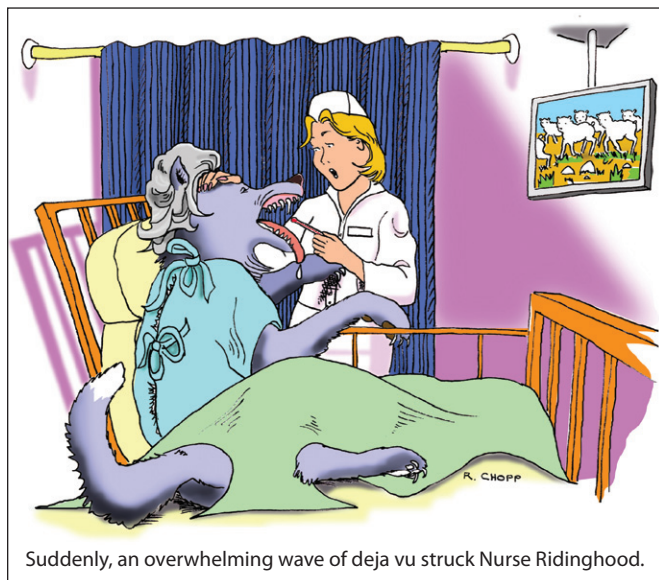
Autumn has arrived in Boston—and it is my favorite season. The crisp, fresh air and all of the glorious colors against the deep blue sky. It's New England at her best.

October has been a very busy month for me with visits and lectures in Toronto, Pittsburgh, and San Francisco.

The word is spreading that the Comfort Talk methods can really help patients. I am always gratified (but not surprised) to see how quickly patients accept the offer of being helped through their procedures by a trained Comfort Talk healthcare professional. I am confident that the medical establishment will be just as accepting and open to our techniques very soon. Thank you for your partnership and support as we “spread the word.” I am very grateful.

Elvira Lang, MD

The Best Medicine



Suddenly, an overwhelming wave of deja vu struck Nurse Ridinghood.

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Engagements And Other Events Worth Talking About

The November issue of Prevention Magazine has a nice article about alternative healthcare methods with a feature on our President and the Comfort Talk Method.

[LINK to Article](#)

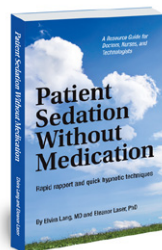
November 10th through the 14th the Annual meeting of the Society of Clinical and Experimental Hypnosis (SCEH) will have its meeting in Boston. It will be held at the beautiful Hyatt Harborside. As President of SCEH I am happy and proud to say that we will have a stellar scientific and workshop program with a virtual who-is-who in hypnosis. We have even secured an amazing rate for the hotel of \$149 (after 28 October it will increase considerably to be in line with Boston hotel rates).

Hope to see you there. www.sceh.us

[LINK to SCEH Brochure](#)

We're Not All Talk

The new book, *Patient Sedation Without Medication* was written to help healthcare professionals help their patients overcome the anxiety they feel when undergoing medical tests and procedures—without traditional medication. It is also a wonderful tool for all of us who one day will no doubt be a patient.



Patient Sedation Without Medication

By Elvira Lang, MD and Eleanor Laser, PhD
230 pages
\$20

[+ Add To Cart](#)

“Lang and Laser really get it: patients’ fears, their helplessness when caught in the midst of medical procedures, and the huge need of patients to be treated with dignity and respect.”

— **Judy Foreman,**
Nationally Syndicated Health Columnist

TALK TO US

Whether you have questions, need clarification or just want to know more—we want to hear from you.

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